

FAMILY HISTORY STARTER KIT

*Everything you need to take your first steps
in discovering your family story*



*Uncover Your Roots: Exploring
Ancestry and Family History*

WELCOME TO YOUR FAMILY HISTORY JOURNEY

Hi there,
Phillip & Trisha here, from Journey
Through the Generations. Whether you're
just starting your family history journey
or getting back into it after a break, this
kit was designed to help you begin with
confidence.

Inside this first part, we'll begin where
every great family story starts, with you
and the people you know.

– Phillip & Trisha
Journey Through the Generations



BEGIN WITH WHAT YOU KNOW

START WITH YOURSELF

Before you trace a single ancestor, take time to record your own story. This is the first and most important record in your family history.

Write down:

- Your full name, birth date, and birthplace
- Where you've lived
- Your school years, jobs, and hobbies
- Milestones: marriage, children, faith, traditions



Save this as your first “family record.” You are part of the story you’re preserving.

NOTES:

INTERVIEW YOUR RELATIVES

START WITH YOURSELF

Once you've written your story, reach out to parents, grandparents, aunts, uncles, and anyone who can fill in more details. These conversations will become the heartbeat of your research.

Use these questions to spark meaningful conversations with your relatives and uncover the stories, memories, and traditions that bring your family history to life.

Conversation Starters:

- What do you remember about your grandparents?
- Where did you grow up, and what was it like?
- What family traditions were important to you?
- Do you remember any family recipes or special meals?
- What did your parents do for work?
- Who was the funniest person in the family?
- How did your parents meet?
- What was your first job?
- What's one story you hope future generations remember?
- Ask about old photos and what they remember about them.
Ask for names, places, and dates.

"Every time an old person dies, a library burns."

~African Proverb

LOOKING AHEAD TO PART II

You've captured priceless memories and stories, the foundation of your family tree.

In Part Two, we'll organize that information and show you how to begin your first research steps online.

Upcoming Topics:

- * Top 5 FREE Genealogy Websites*
- * Family Group Sheet Template*
- * Research Log Template*

Watch your Inbox for Part 2 coming soon.

– Phillip & Trisha

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